



## COVID-19 INFORMATION

### IMPORTANT INFORMATION FOR NWT RESIDENTS

#### Returning from outside the NWT



#### DO YOU HAVE A PLAN?

- You must have a Self-Isolation Plan (SIP) when returning to the NWT. Failure to file a SIP will result in penalties for non-compliance with Public Health Orders.
- If you do not have a SIP filed with the Protect NWT, you have 24 hours after entering the NWT to complete the form. Contact Protect NWT immediately.
- If isolating at a designated Isolation Centre, contact the centre prior to arrival. If isolating in a residence, all residents in the household must isolate with you for the full 14 days.



#### TRAVEL DIRECTLY TO YOUR DESTINATION

- Travel immediately to your destination. Avoid stopping in any other communities.
- If you must stop for fuel or services, it is very important to:
  - Stay two metres apart from others.
  - Wash hands frequently (before and after using restrooms).
  - Never dine-in for meals.
  - Avoid using cash.
  - Minimize stop time and frequency as much as possible.



#### SYMPTOM CHECKS

- Complete and submit the required symptom check form to Protect NWT online or by calling 811 on days 2, 6, 10 and 14 of self-isolation.
- Monitor for symptoms continuously. If you feel sick, contact local public health immediately.

#### Penalties

- Failure to abide by the Public Health Orders of the Chief Public Health Officer may result in:
  - Fine up to \$1500
  - Court summons
  - In extreme circumstances, arrest

#### Protect NWT

- 1-833-378-8297 (toll free)
- 811 (in NWT only)
- [protectnwt@gov.nt.ca](mailto:protectnwt@gov.nt.ca)